

HOW TO GIVE A

# BLOWJOB

HE'LL

NEVER FORGET



Jenna Jenkins

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# Introduction

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Welcome, ladies! First of all, congratulations! You've made a bold, life-changing decision to join the ranks of the sexually adventurous. So pat yourself on the back, go on!

Get ready to get wild, because the bedroom is never going to be the same.

You already know what we're here to talk about, so let's just dive right in. You want to be an oral-sex goddess; you want men to tremble before you every time you get on your knees...and I'm here to help.

Not only does oral sex make a man really feel like a man, but it creates a deeper connection between you and your partner.

A great blowjob is the perfect way to show your partner that you really care, and learning new techniques proves beyond a doubt that you care about his pleasure.

If you're feeling nervous, don't worry.

When I first started giving oral sex, well, there's no nice way to say it; I was a mess. I didn't know the first thing about giving head, and I hated doing it because I felt completely inadequate. It got to the point that I avoided giving blowjobs at all cost and even started refusing to let men perform oral sex on me, feeling that there was no way I could return the pleasure.

That's when I decided that things had to change. I needed to learn more about blowjobs and gain the confidence that I needed to give great head.

So I did.

## Let Me Give You a 'Head'-Start

In all seriousness, the tips you'll find in this book were all gained through experience, along with a few carpet burns! Spending plenty of time on your knees is a great way to perfect your technique, but I wish I'd had a how-to book of tips and tricks in the beginning.

I'm not a sex-therapist, I don't have a Ph.D.in the history of the penis, I'm not even an ex-call girl... I'm just a gal who loves to give great head and wants to help other ladies out there do the same.

## **This Is Unlike Most How-To Books You've Read**

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All the tips and tricks in this book will be clear and easy to understand and implement.

There won't be any scientific terms or borderline gross anatomy explanations. I'm just another one of your girlfriends, sitting on your couch drinking a Cosmo and telling you how to rock your man's world.

Over the course of this book, we'll move from the basic blowjob to more advanced super-spicy tips. You'll understand the components of a great blowjob and learn more than you'd ever imagined about your man's penis and its sensitivities.

You won't believe how easy it is to give great head once you've read this book. Your new porn-star moves are going to shock and amaze your man.

One word of caution; once you've gotten through this book you'll be ready to conquer any cock, but don't rush into things.

Enthusiasm is one thing, but if you...well, dive in too quickly your man might feel like you're just trying to "get it over with."

Oral sex is all about showing your man that you appreciate him, and you can't do that if you're racing to the finish line. If you do race through oral sex you run the risk of your partner feeling insignificant. So even if you're eager, take a deep breath and move slowly and sensually.

## **Are You Ready?**

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We're going to dive into the wild world of oral sex head first, so be sure to open your mind and cast off your inhibitions!

## Swallowing Your Fear

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Let's begin with some common problems and fears that women have surrounding performing oral sex.

There are a whole host of reasons why some women don't enjoy giving oral sex, but most fall into three categories.

If hygiene issues, the fear of underperforming, or the idea that performing oral sex on a man is a subservient act stops you in your tracks and leaves your man to take care of himself, you've come to the right place.

Remember what I said about opening your mind? Do your best to dispel any previous notions you have stuck in your head about oral sex.

The idea that the penis is somehow "dirty" or "unsanitary" is a very common problem for women.

Let's get real ladies; do you think his bits are any dirtier than yours? Because they're not.

I find that with most women this fear is based more psychologically than a fear of physical dirt or germs. Women are conditioned to believe that girls who "go down" are dirty.



## **Performing Oral Sex DOES NOT Make You A Slut**

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It makes you a caring and devoted lover. It's the 21st century, and modern women should feel liberated, independent, and free of silly social limitations forced on our mothers and grandmothers. Nowadays, not only dirty girls can get down! Never be ashamed of performing oral sex.

Now, if your issue is actually centered on your man's cleanliness, that's easily solved.

If he's a little musky or sweaty down there after a long day, there's nothing wrong with asking him to take a quick shower!

## Getting What You Want Is All About How You Ask For It

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The absolute easiest way to get him in the shower is, obviously, to get in with him. Try this line, "Hey baby, want to get cleaned up together first?" In combination with slowly dropping your towel as you wiggle your way towards the bathroom, this move will have him soaping up faster than you've ever seen.

Another common hygiene-related complaint centers around...ahem, excessive hairiness. There's nothing sexy about coughing up a hairball after you've finished giving a super spicy blowjob.

This problem is a little trickier to tackle and requires a rather delicate conversation. Try something along these lines; "Honey, I'd be able to please you so much better if you cleaned up just a little down there. I could help you..." Be delicate, because you don't want to embarrass your man.

## **A Little "Manscaping" Is Very Common These Days**

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Fortunately, I've never met a man who said no to a little trimming for the sake of more enthusiastic oral sex. There's a catch here, though. If you don't trim down there (though I'm pretty sure if you're reading this book you do) be prepared for him to expect a fair trade!

If it's not your man's musky scent, but your own fear of underperforming that's holding you back, we relax honey. Sit back and I'll tell you a little secret; if your willing mouth is going anywhere near his member with any sort of regularity, he's happy. Not just happy, but thrilled. So take a breather, because when your lips are wrapped around him he's not exactly analyzing your technique.

Still struggling? Well don't worry, because once you've finished this book your confidence will be soaring.

This last one really gets me.

## **Don't Let Oral Sex Make You Feel Like A Slave**

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Women have told me that performing oral sex on their lover makes them feel "slavish" or "subservient." I honestly can't understand what they mean.

Have you ever really looked at a man enjoying a great blowjob? The unsuppressed ecstasy on his face, his head tilted back, eyes closed, mouth slightly open, legs spread wide...this is a man totally and completely under your spell. You are absolutely in a position of power on your knees. You are pleasing him totally, driving him absolutely crazy with your mouth, and believe me he won't forget it.

You're in control here! Take your power back, because it was never actually gone in the first place.

There, now. Are you feeling better? I hope I've set your mind at peace a little. You have a lot less to worry about than you think, and the biggest problems that most women have with performing oral sex are easily solved.

Ready to get started?

## **Get Started NOW - Don't Wait For Him To Ask!**

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I'm sure I don't have to tell you that the best way to start a blowjob is by giving your man a stiff erection.

This part shouldn't be hard, because I'm sure he's usually pretty ready to go, but these super easy tips will make him hotter for you than he's ever been.

## **Give Him A Private Striptease Show!**

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Nothing is hotter than to start off with a striptease where you literally show off your body curves while stripping and looking at him lustfully.

Play around with your feminine assets (your breasts, your butt) and run your fingers over them like a dirty girl would!

This is GUARANTEED to give him a hard-on, unless well... you don't have the killer curves. (If that's so, then check out the [Guides to Increase Your Sexual Appeal!](#) section for some quick fix in this area)

First of all, girl, your man's penis can take a lot rougher treatment than our lady parts. We like it delicate and slow and smooth...men don't have quite as many nerve endings (poor guys!) so you can feel free to be a little rougher with him. Here's a favorite move of mine!

## Grab & Massage

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**Step 1:** Walk up to him out of the blue, look him intensely in the eyes and grab his package through his pants and squeeze. Not like you're squeezing a stress ball, girl, but put a little pressure behind it.

**Step 2:** Give him a little bit of a massage down there until you feel him starting to harden.

The key to this move is confidence. Don't be hesitant or shy! This is about letting yourself go. Especially if you usually take the backseat on getting your lovemaking started, showing your dominant side will drive him nuts!

I'm sure you're already an expert on getting your man hard with your hands, so let's move on to something a little bit more challenging.

Use this move when you're already in bed (or heading for it) and looking for a lovemaking session.

# The Passionate Stroke

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**Step 1:** Have your man lay down on his back, naked, and get on your hands and knees.

**Step 2:** Let your eyes roam over him slowly before kissing him deeply. Kiss and lick your way slowly down his body, paying special attention to his neck, chest (don't be shy with his nipples, I've found that most guys love to have them licked and stroked!), and lower belly and hip bones.

By the time you've reached his manhood, it will already be hard as a rock and ready for your mouth. If it needs a little help, try this. It sounds strange, but works like a charm.

**(Optional) Step 3:** Hold your hand palm down, and point your fingers towards the floor with a gentle curve so that your hand looks like a crane-game claw.

**Step 4:** Very lightly stroke from the base of his penis to the tip with your curved hand several times.

**Tip:** all of your fingertips should be connecting with his manhood while you're stroking. This move sounds odd, but it's a totally different sensation that will just make him more eager for your mouth.

Now here's a challenge for when you're feeling adventurous. Get your man hard without touching him down there at all. The key?



# Talk Dirty

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Now don't panic. Talking dirty can be easy once you know the "secrets".

By the way, I've just created a quick read guide that will teach you how to talk dirty in just an hour from now. It's called "Dirty Talk Secrets" and you can check it out here:

<http://www.amazon.com/dp/B00AMUONLU>

You don't even have to be classically "dirty" to turn your man on. Basically all you have to do to dirt talk your man into a pants-tenting frenzy is, drum roll please....tell him what you're going to do to him.

Here's a loose example that you can tweak for your own use: "Baby, I want you so bad. You look so sexy in those jeans...I can't wait to take them off. I'm going to suck your dick right here."

## **Don't be afraid to be dirty!**

Dick, cock, suck, lick...repeat these words to yourself until you can say them without blushing. Your man's member will be straining his jeans when he hears you talking like a dirty girl.

## **Some hints:**

Speak in a low voice very close to his ear, tickling it with your moving lips. Or kiss him intermittently as you murmur your dirty thoughts to him.

You can run your hands over his chest and shoulders, but don't let them stray below his waist!

If he still needs a little help getting hard once you've gotten his pants off (though he probably won't), stimulate him with your mouth. Let your hot breath tease him, and gently lick the tip of his member like an ice cream cone, and he'll be standing at attention in no time.

You know the best ways to give your man an erection, these are just some of my personal favorites. Blend them into your lovemaking to spice things up, or use your own methods to get him ready. However you do it, make sure he's nice and hard before you blow his mind.

So you've got your man all ready, right? There's just one more thing you have to do before we start.

## Your Attitude

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Your attitude is the most important part about oral sex, and lucky for you it's also the easiest thing for you to control.

Your clear enjoyment of and enthusiasm for getting down is what's going to make this blowjob special for your man. So turn on your natural "naughty girl" mode and let your lust flow!

You're going to be armed with tons of hot and sexy new tips and a sizzling new attitude, so get excited to get on your knees!

# The Components of the Perfect Blowjob

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There are tons of positions that are perfect for giving blowjobs and you should experiment to see what works best with you. I'll run through some hot ones that work great for me.

There's always the classic:

## Getting On Your Knees

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It's sexy, spicy, and your man will absolutely love seeing you on your knees in front of him.

A variation of this position would be having him sit down with you remaining in the same position.

I think this is more intimate because it makes it easier for you to touch each other. Having your partner lay down on the bed with you on your hands and knees above him is also a great option. Of course, there's also 69-ing, but we'll get into that a little later.

Some tips to getting ready:

Make sure you're comfortable in your chosen position.

If you have long hair, I'd tie it back so that it doesn't get in your way or block your partner's view of the action.

Take a drink of water if you need one, and lick your lips to get them nice and moist as well.

Now, it's time to get down to "business".

# The Swallow

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Don't just swallow him whole – make sure to take this nice and slowly.

**Step 1:** Hold his cock at the base with one hand to steady it, and also use this hand to gently pull his foreskin back if he has one.

**Step 2:** Open your mouth and lick the underside of his cock slowly from the top to where your hand is or swirl it around the head of his cock. Explore him thoroughly with your tongue before you even take him into your mouth.

**Step 3:** Now open your mouth, making sure your jaw is nice and loose. You don't want to get a cramp during this!

**Step 4:** If you can, try to cover up your bottom teeth by spreading out your tongue slightly. If you can't do this, don't worry about it, but make sure to keep him well away from your teeth.

**Step 5:** Round your mouth slightly, making sure your lips are nice and wet and hold him against your lips. Tighten your lips a little as you slowly take him into your mouth, mimicking the tightness he would feel as he entered you somewhere a little lower.

**Step 6:** Slide your way as far down as you feel comfortable, taking as much of him into your mouth as you can.

Pause a moment here, and let yourself adjust to the feeling of him in your mouth. Notice the warmth and the hardness of his cock, the smoothness of his skin...

**Let yourself enjoy what you're doing.**

Giving oral pleasure to a man can be almost as much fun for you as it is for him. Take a deep breath, and remember to keep breathing the entire time. Most importantly, have fun with it!

**Step 7:** Begin to slide slowly your mouth slowly back and forth on his penis. taking as much of him as you can before pulling your mouth back to his head.

Remember to keep your mouth rounded and tightened around him. When you have vaginal sex with your partner, the tightness of your body around his penis causes extraordinary pleasure.

Recreating this tightness with your mouth is an easy way to take your blowjob to the next level instantly.

If you're still confused about how to create it, put two of your fingers in your mouth (wash your hands first!). Notice the difference in feeling when your lips are slack compared to when you squeeze them slightly around your fingers. Now try sucking in slightly with your lips tight around your fingers. There you go!

**Step 8:** After teasing your partner with your slow movements for a little while, you can start to pick up the pace. Begin moving your head faster, keeping this idea of tightness in mind.

As you grow more confident, you can use the sucking motion you tried on your fingers to help pull his cock deeper into your mouth as you move forward and make the sensation more intense for him at the same time.

It's all about pace – start out slowly and build up your pace. Don't be shy about any slurping sounds that may sneak out as you start to move faster. He'll love them.

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That's it.

These eight steps are, in a nutshell, what you need to know to give a blowjob. Easy, right?

But wait, I'm forgetting something, aren't I? There's one more thing in your mouth with your partner's member, and it makes the difference between an OK blowjob and a mind-blowing one.

I'll give you a hint, it's the strongest muscle (compared to its size) in your entire body.

## Move Your Tongue, Baby

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There aren't really any rules here girls, just try different things and see what works for your partner. Swirl your tongue around his head before you begin to take him back into your mouth again. Curl it against his shaft when he's already deep in your mouth. Take a break if your jaw starts to hurt and just use your tongue.

You know that little band of skin on the underside of the head of his penis? It's called the frenulum. This funnily-named little piece of skin is extremely sensitive. Try flicking it gently with your tongue and see how he reacts!

Did you ever imagine that giving great head could be this easy? Once it's all laid out it's so simple!

We've gone through everything that you should be doing with your mouth during a great blowjob. Using your lips to create tightness, your mouth to create suction, and your tongue for added sensation you'll have your lover's knees shaking in no time.

Before you run off to the bedroom for some mouth-on experience, I need to tell you something important.

**During a great blowjob your mouth should only be doing half the work!**

Confused? Don't be. Remember that your hand was wrapped around the base of your partner's shaft? Well it's time to get hands-on, girls.

## It's All in the Wrist

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It's called "giving head" but that doesn't mean you shouldn't use your hands! Here's how.

**Step 1:** Make sure that if you're going to use your hands a lot (and you should!) that you get your man's dick nice and wet. This shouldn't be a problem, but we wouldn't want to create unnecessary friction. The slipperier, the better.

Basically, you should be using your hands as an extension of your mouth. I'm specifically talking about your "stabilizer" hand right now.

**Step 2:** When you're pulling your mouth off of your guy's member, allow your hand to follow you, stroking towards the tip. Keep your fingers wrapped snugly around him to create that ever-important feeling of tightness.

**Step 3:** When you move your mouth forward to swallow him again, stroke back towards the base of his penis.

Get it? It's like a hand job, but just on the portion of his penis that isn't always in your mouth. Simple right?

Don't think that your other hand is off the hook though! This is your chance to engage some of your partner's other pleasure spots in the action.



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