
The FemDom Experience

By

Elise Sutton

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Dedicated to Monique, Eva, Catherine and every pioneer in the FemDom movement; who broke the barriers, paved the way and led by example.

Disclaimer:

This book explores controversial sexual activities. Neither the author of the book nor its publisher assumes any responsibility for the exercise or misuse of the practices described in this book.

The sexual lifestyles discussed in this book are between consenting adults who are experienced and educated about their lifestyle choices. Although the author is open about her sexuality and lifestyle choice, she by no means is encouraging the readers of this book to engage in any activity that is discussed within this book. She encourages those who are interested in these lifestyle choices to become educated so they can take all care and precautions to reduce risk, anticipate problems and when necessary, to avoid risky activities.

The author's opinions and commentaries are just that, her opinion based on her years of experience with alternative lifestyles. Her advice and observations are not professional advice based on her career field. Likewise, the people quoted within this book are only giving their observations based on personal experience. It is the responsibility of the reader to become educated about the risks involved in these lifestyle choices.

Those who practice D&S make a real and explicit distinction between consenting acts between adults for mutual pleasure and any and all acts of violence against non-consenting partners. Imposing any sexual act on a reluctant partner is immoral and offensive. Imposing it on an unwilling partner is a criminal offense. Additionally, the law varies from state to state so each person needs to know what is legal and what is illegal in their state when it comes to sexual practices and activities.

The purpose of this book is to explore and promote loving female authority between consenting partners.

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Preface

The performing arts theater on the college campus was packed with dance enthusiasts as they watched the highly acclaimed American dance company Pilobolus. The variety of dances on display demonstrated the groups range and talent but it was one particular dance that captured the audience's attention and imagination. The dance was called "Wedlock", a series of pas de deux (a dance for two) exploring different types of relationships.

As the lights came up, slow sultry music emitted from the speakers. We see a man on his hands and knees, seemingly naked except for kneepads. On his flattened back a woman lounges as if on a chaise. She is a sexy blonde dressed in bra and panties, an apron, and dishwashing gloves. She fondles him with the gloves and then pulls them off, stuffing them into his mouth like a gag. Then, as if to urge a horse, she slaps him on the rump with the flat of her foot. He stubbornly refuses to move, so she swats him repeatedly till he finally, grudgingly complies. Then they begin a very sexy interchange where she climbs all over him, even straddling his face for awhile as he stands and holds her up! At the end he carries her offstage once again in pony mode. The whole dance is sexy, loving, fun, and definitely FemDom.

Meanwhile on network television one of the most popular shows is "Desperate Housewives". In the tenth episode of "Desperate Housewives" we see a hand picking up a hairbrush. The camera pans

up to show that Maisy Gibbons is sitting in front of a mirror, brushing her hair. The narrator begins,

"To understand Maisy Gibbons, you first need to know how she spends her afternoons."

We see Rex, the husband of Bree, ringing Maisy's door. Later in the show we see Maisy slowly removing various sexual toys from her drawer. Behind her, sitting in a chair, with his back to her, sits Rex, naked. Maisy is discussing Rex's marriage as if she is his therapist. All the while, she is putting on a pearl collar and stiletto heels.

Maisy snaps her fingers and Rex drops to the floor, face down. Maisy steps onto Rex's back and walks on him, while wearing the stilettos.

"I must warn you, this is going to hurt!"

Yes, Maisy is the neighborhood Dominatrix.

Examples of female domination are all around us these days. One cannot escape it or ignore it. Be it on television, or in the movie theater, or on cable news shows, or in the newspapers, or even watching a dance company on a college campus, the societal evolution toward female domination is on display everywhere.

It is becoming prevalent for images of Female Domination to make their way into mainstream media, and when that happens, the male desire for loving female authority is triggered within segments of the male public.

That desire was always there, as the seeds were planted by Nature and life experiences cultivated those seeds. It often doesn't take much to stimulate psychological triggers that will unleash the submissive nature of man. It can be as innocent as a picture of a woman in a magazine with a dominant expression on her face.

In the 1960's the meaning of these triggers were harder to understand, as the implication of feeling weak and aroused from viewing Diana Riggs in a leather Catsuit on "The Avengers" was not as openly

discernable to the male populace as the viewing of Maisy Gibbons trampling a man in stiletto heels on “Desperate Housewives”. Today, female domination is more out in the open and the submissive nature of man doesn’t stand a chance because our society is inundated with images of sexual and dominant females.

In my book “Female Domination”, we saw that the natural male desire for loving female authority is increasing in these times where women are liberated and where women are succeeding in what was once a male dominated world. I believe there is an evolutionary process in society that is leading us to female authority and female rule. It is a slow but steady process and while it may not happen instantaneously, the train has left the station and it is picking up momentum with each passing year and with each subsequent generation.

Men are witnessing women gaining in power and while this scares some men, it excites other men. As men see women becoming confident and aggressive, this causes that submissive nature in men to stir and it causes them to desire to submit to the female gender. That is why the Professional Dominatrix is so popular today. As men observe women gaining in power throughout society, they find themselves wanting to be sexually dominated by women. “Female Domination” examined this societal evolution and related it to the male desire for loving female authority.

Many authors have tried to share their own unique perspective about this societal evolution toward female dominance. Feminists have written about it, Traditionalists have written about it, believers in Matriarchy have written about it, believers in Patriarchy have written about it, Liberals have written about it and Conservatives have written about it. All have their own distinctive viewpoint, as to some what is transpiring is positive, whereas to others it is alarming.

However, to really understand what is occurring across society one must learn from those that are actually experiencing female domination within their own lives. In “Female Domination” I included the experiences of forty different couples that practiced the FemDom lifestyle to varying degrees. As I interweaved the experiences of real people into the subject matter of “Female Domination”, the reader was

able to witness just how common and widespread FemDom is across our society. Female Domination is indeed a large umbrella with many lifestyles contained therein.

Nevertheless, for many, FemDom is still an unattainable lifestyle due to societal pressures and the fear of rejection. And for others, FemDom is nothing more than a sexual fantasy that grows to a status within the limitless mind that makes living it unrealistic within a finite world. That begs the question, “How can FemDom move from fantasy to reality?”

This book, “The FemDom Experience”, is a collection of personal stories of people who have observed, participated and encountered the Female Domination lifestyle, not as a fantasy but as a reality. It is my hope that by sharing the actual experiences, both past and present, of genuine people who are not much different than your neighbors, family members, co-workers, or friends, the reader will gain a further understanding of what is indeed occurring within male/female relationships. Society is progressing thus relationships are changing as a result of societal evolution.

I want to personally thank all of those wonderful people who were willing to share their most intimate experiences. In most cases, I have changed the names of the people involved in order to protect their privacy. These people have dared to embrace life and they have mustered the courage to embrace their true natures, even if that meant going against the so-called norm of society. Naturally a book of this nature may astound and even arouse the reader. Be that as it may, I hope that reading these stories will encourage others to seize life for themselves and to dare to believe that their dreams can also come true. A healthy relationship and a fulfilling sex life will not happen by chance. It takes both communication and action. FemDom is a sexuality that primarily resides in the mind but it takes action in order for those desires to become a reality.

If this is your initial encounter with the subjects of female domination and male submission, I would strongly recommend that you first read my book “Female Domination”. That book explores the male desire for loving female authority and explains why people are attracted to

this alternative lifestyle and sexuality. With that foundation securely in place, “The FemDom Experience” should prove to be entertaining, erotic and enlightening.

Introduction

Experience is the knowledge or practical wisdom gained from what one has observed, encountered, or undergone. An experience is the process of personally participating in an activity, event or lifestyle. Some believe that Female Domination is primarily a male fantasy. A fantasy is a creation of the imagination, a mental image conjured up within the mind.

FemDom is a sexuality that originates and resides in the psyches of people but it takes action in order for those desires to become a reality. While it is true that most men initially discover the world of Female Domination within the recesses of their minds, the fantasy aspects are merely a beginning point to a life of exploration and perhaps experimentation. It begins in the mind, as thought, as an image, as a concept. But once those desires are explored and acted upon, Female Domination becomes a reality.

The FemDom experience is the result of man's desire for loving female authority. There is a nature, a disposition within a male that causes him to have submissive desires toward the female gender. Males are born with this nature and this nature is cultivated by a male's childhood interactions with his female authority figures. It begins at conception as the male is carried in the womb of a woman, birthed into this world by a woman, nurtured at the breasts of a woman, disciplined by the loving hands of a woman, and loved and comforted by a woman.

The result of these natural and healthy interactions between a boy and his female authority figures will implant and cultivate submissive desires within the male gender. Once they reach adolescence, the majority of boys begin to experiment with their sexuality. Then when they are confronted with images of aggressive, confident, dominant and authoritative women, their true nature begins to come forth. Nature has given women a sexual power over the male gender. As men mature, they will become aware of this desire to submit to women and this submissive desire grows stronger as they age.

Frequently, fantasy does not translate over to reality. Since D&S is a sexuality of the mind, it is the mental imagery and the mental stimulation that touches the human psyche in such a way as to produce intense arousal, sexual gratification and emotional and spiritual fulfillment. Often with FemDom, it is the representation and the symbolism of an activity that touches the human psyche in such a profound way as to stimulate sexual, emotional and spiritual triggers within the human soul.

A FemDom experience will add to the depth of a trigger and possibly uncover new triggers but an experience void of the mental components is seldom as fulfilling as the fantasy. That is why some men have testified that their initial FemDom experience (usually with a Professional Dominant Woman) was disappointing. This is a result of a fantasy not translating over to reality. The leather-clad female wielding a whip represents female domination and female authority and it is the representation that touches the male's inner nature and triggers submissive feelings. The actual act of being the receiver of the woman's intense discipline may not be as satisfying as the mental exercise of pondering and reflecting on the woman's power and authority. This is because the physical is on a lower sphere than the spiritual.

The mental imagery of the fantasy is intense because the fantasy is working with the blueprint of the man's psyche and nature. The male discovers and creates the fantasy based on his inner needs and desires. An initial experience can rarely match the expectations of the fantasy. The fantasy is the product of a lifetime of exploration and discovery. The FemDom fantasy is spiritual in nature as it is created by thought,

by the power of the mind and its blueprint is the inner nature of the soul. Therefore, some men prefer to worship the female within the recesses of their mind, strictly through the mental stimulation of fantasy. Either they lack the courage of stepping out of fantasy into reality or their initial FemDom experience could not measure up to the fantasy, therefore they retreat back into the private, secure world of their own imagination.

Nevertheless, even though the initial FemDom experience may not be as satisfying as the FemDom fantasy, it is the FemDom experience that provides the path for a deeper exploration into the real nature of man. While it is true that some men have testified that their initial FemDom experience was disappointing, frequently these same men will confess that their live experience developed into the object of future fantasies. In other words, while they were experiencing the discipline session with the leather-clad dominant woman they were not necessarily enjoying it from a physical perspective, however the experience did make a lasting impression on their psyche. And although their physical state limited the mental enjoyment of the experience while it was occurring in the now, later as they replayed the experience within their mind, they discovered a new intense mental stimulation which triggered an intense sexual arousal and touched their submissive nature on a more meaningful level.

Fantasy does not always translate to reality but fantasy is often the product of reality. The mind builds images based on the data that goes into the brain. The human senses will transport experiences into the human psyche which when joined with the inner nature, cultivates that nature. The man who chooses to explore FemDom from a distance through fantasy instead of his own reality is in fact building that fantasy from other people's reality. Reading FemDom books and magazines or viewing FemDom movies and Internet sites allows a man to submit to the female gender within the recesses of his mind through fantasy but often those images are of real people or they were inspired by the exploits of real people. Fantasy can build upon those images and exaggerate them to the point of transforming them into an unattainable reality but nevertheless, what is one man's fantasy is another man's reality.

The inner nature of man desires to submit to the female gender and often that desire finds its expression through creativity. Man produces art, drawings, websites, media and literature to express his inner longing to be dominated by a woman. Sometimes these expressions are rather bizarre to the person who does not understand their source or the motivation behind that source. That motivation is more than likely a combination of the creator's inner nature, the creator's personal life experiences and the creator's knowledge of other people's life experiences that influenced him in a profound way. Then once his FemDom creation is complete, it is shared with others via the art or written word and others find it and are influenced by it. Thus the beat goes on. The more FemDom art, media and literature that exists, the more common it becomes that these creations of the submissive nature of man will touch other men and unlock their inner desires to submit to the female gender.

Fantasy is often built upon the fantasies and realities of others. The FemDom experience takes fantasy and makes it a reality and while the reality may not live up to the fantasy, the reality will dominate the thoughts of the one who experiences the reality, long after the actual experience is over. Female Domination is a sexuality of the mind and the FemDom experience touches the psyches of those involved in a way that no fantasy can fully comprehend. For the FemDom experience is forever building upon itself and it becomes a lifestyle and the lifestyle is much more fulfilling to the body, mind and spirit than a fantasy can ever hope to achieve. Therefore, while the initial FemDom experience may be disappointing when compared to the fantasy of FemDom, the lifestyle of the FemDom experience far exceeds the fantasy because the lifestyle requires that practical transformation from fantasy to reality.

For the fantasies of man are the expressions of man's sexual, emotional and spiritual need to submit to the female gender. Intense D&S play will touch those psychological triggers and transport the male to subspace, a sphere within his own consciousness where the female reigns supreme. Each D&S session or FemDom activity can build upon the previous session and the FemDom experience becomes a training process, an education and ultimately a revelation of the superiority of women. As old stereotypes and old societal

programming and expectations are stripped away, a fresh, new relationship between a man and a woman can be birthed. The FemDom experience may never live up to the expectations of a fantasy but the reality of the FemDom experience is the coming into the knowledge that what the male truly desires is not fantasy but rather a lifestyle of loving female authority.

Life requires a practical existence. The nature of the female is complex and she desires to be worshipped and served on many levels. The FemDom fantasy is often limited to the sexual within the psyche of man but it is a starting point for the potential of a meaningful existence. Much like the way physical sex can lead to new life in the birth of a child, FemDom can lead to a new life within a man's understanding of his purpose when it comes to a relationship with a woman. The FemDom experience encompasses much more than sex or D&S sessions. The FemDom experience evolves into a lifestyle where a man exists to serve a woman. The FemDom experience far exceeds fantasy as a man is trained in how to meet the needs of his Queen. Those needs are sexual, domestic, social, intellectual and spiritual. Thus the FemDom experience becomes a lifestyle of a man serving a woman.

The fulfillment a man gains from genuine, heart-felt servitude of a woman far exceeds the thrill of a fantasy. In the short-term, the fantasy may be more intense and exciting to the sexual senses. This is because there are no limitations with the mind. With the power of thought and imagination, there are no limits to where the mind can go and there are no limits to what the mind can experience. That is why the FemDom experience can never live up to the fantasy. An actual experience is limited by the physical, material world but the imagination has no limits or boundaries. With the imagination, there are no safety concerns or health risks because thought is not constrained by the limitations of the natural world. However, the FemDom experience must always be mindful of those natural limitations and therefore safety and health concerns must always be at the forefront of the FemDom experience.

With the imagination, there is no physical pain so the fantasy can be very severe which will excite the sexual senses and stimulate the

submissive nature. But with the FemDom experience, the pain threshold and the physical limitations of the submissive can greatly reduce the level of intensity. The dominant woman must be skilled and must know her submissive male's limits in order to engage in a D&S session safely and successfully. Due to all the limitations of the natural world, it is little wonder that the reality of the FemDom experience rarely lives up to the expectations set forth by the limitless fantasy.

Therefore, it is understandable that in the short-term the FemDom experience does not live up to the hype of the FemDom fantasy. However, in the long-term, the FemDom experience will exceed the fulfillment gained from pure fantasy and imagination. The man who puts feet to his thoughts and learns how to serve a woman in reality (limitations and all) will experience fulfillment on all levels, physical, mental and spiritual. For a woman exists in reality and the actual interactions with a woman is what satisfies the male soul. The D&S may be limited by the natural world but the D&S can still become very intense and thus the actual experience will stimulate the mind and trigger the submissive nature of man. Subspace is rarely achieved through imagination alone. It takes the FemDom experience to touch the human psyche in such a manner as to hit those psychological triggers that will transport the male to subspace.

The imagination can then use the experience to build a more practical and reality based blueprint when pondering the beauty, the power and the authority of the female nature. For to feel pain or discomfort, and to experience loving discipline at the hands of a woman, will affect the human psyche far greater than just imagination. Each actual physical experience will be transmitted to the brain by the senses and will be sealed forever within the subconscious. Then the mental exercise of replaying a past, actual FemDom experience within the mind will trigger a recall of the actual physical sensations that accompany the mental stimulation.

The long-term fulfillment of the FemDom experience is satisfying to the male soul because it is a lifestyle of worshipping and serving the female gender. The D&S play in the bedroom is merely one component of the FemDom experience. The female uses the male desire to be sexually dominated as a means to train him to serve her

both inside and outside the bedroom. The female nature is complex and in order for the male to be fit for service, he must learn how to meet all the needs of the female. This includes domestic servitude (like doing chores for her and running errands for her), personal servitude (pampering her, massaging her, and sexually servicing her), financial servitude (surrendering all monetary control and yielding to the female's monetary decisions), and social servitude (building a lasting friendship and meeting the female's social needs as well as submitting to her need to socialize with others).

The man who learns how to serve a woman in the practical matters of life will experience personal fulfillment and happiness. Such genuine servitude builds a bond between the submissive male and the woman he serves, a bond of love and adoration that far too few ever get to experience in this life. When a man worships a woman as his earthly Goddess, serves her as his Queen and submits to her as his Mistress, the submissive nature of man is touched in all three dimensions of the nature of man; spirit, soul and body. Therefore, no fantasy or mental imagery can approach the level of internal peace and fulfillment of a reality based FemDom relationship.

As is the case with most male/female interactions, ultimately the FemDom experience depends on the female. Much like the male sperm that labors and strives to locate the female egg in order to fertilize it, the male submissive nature labors and struggles to find the dominant woman in order to submit to her. It is a struggle for the male to admit his submissive desires to a woman because of that great barrier known as the male ego. But when confronted with a dominant woman, the male submissive nature proves too powerful to be suppressed.

The FemDom experience is the result of a woman's attitude. A woman's outlook on marriage and the societal roles of men and women are the progression of a lifetime of being inundated with a certain thought process. Some women can easily become the dominant partner but with other women it takes time, depending on her upbringing, religion, societal outlook and even her self-image. Some women come into their dominance as a teenager whereas other women do not come into their dominance until later in life. Success comes

with experience and practice, no matter what the endeavor. Dominance is an attitude and while a lot of young women believe they are superior and want to be dominant, they suffer from the need for male acceptance. It takes time and experience for these women to learn the truth. After some bad relationships and unfulfilling interactions with the male gender, women become wiser and begin to view men and themselves differently. That is why the woman who is in her mid to late thirties, forties and even older is more open to the female domination lifestyle. The wise, mature woman has learned that the female/male relationship works best when the female is in charge.

The FemDom experience gives the woman the upper hand. Once the male has confessed his desire to be dominated, a wise woman will take charge. The dominant woman will remind the man that he must prove he is worthy of her and he must prove his submission in the domestic and the social if he expects the honor of serving her in the sexual. If wearing a little leather and using a whip will motivate a man to treat his wife or girlfriend like a Queen and will cause him to submit to her authority, than it would be foolish for the woman not to explore the male submissive nature. A marriage is meant to be a win/win relationship where both partners are fulfilled by giving to each other.

So the woman who dominates a man in the bedroom is giving him what he needs in order to provide him with the motivation that he needs to give the woman what she needs and deserves, both inside and outside the bedroom. The male wants to treat a woman like a Queen. He wants to submit to the woman in his life and he craves to worship her. But it is up to the woman to lead him where he wants to go. By doing this, the female will experience much fulfillment and much satisfaction.

The benefits of a FemDom relationship to the woman are endless. It usually starts out being about the man's sexual needs and desires. However, his needs and desires are rooted in his desire to serve a woman. The big question is how does the woman desire to be served? The wise female will seize upon the male desire for loving female authority and she will communicate to him how she desires to be served. This opens the door for communication and intimacy on an

extremely deep and meaningful level. This paves the way for a mutually fulfilling relationship.

Men are seeking a lifestyle dominant woman. The reason so many men with submissive desires have yet to find what they are looking for is because they do not understand that men and women are wired differently. Women view dominance in a different light than men do. Women are more realistic and are more in-touch with their needs. That is why men must understand the importance of seducing the female dominant nature by concentrating on the servitude aspects of female dominance and not focusing entirely on the D&S and sexual activities.

Most women evolve in their dominance and the D&S usually comes later. In the beginning, most women are attracted to the practical aspects of female domination. They enjoy being pampered, romanced and served both domestically and sexually. Women are wired toward the practical and the romantic, whereas men are wired toward the sexual and the more hardcore D&S activities. Yet, as a woman's dominant nature begins to blossom, many times she will begin to desire the D&S as well. But a man must have patience and must afford her the room to grow.

Most men have a head start on women when it comes to the FemDom experience. Men spend years fantasizing and exploring their submissive and sexual desires. Then the man finally musters the courage to introduce this lifestyle to a woman but he makes the big mistake of expecting her to immediately become the fulfillment of those desires. That is unrealistic for fantasy does not translate to reality. The mental image of FemDom is the starting point. It took the male years to develop his submissive nature so he needs to afford the female time to explore and develop her dominant nature. Romance, servitude, and striving to meet the needs of the female is the process of putting feet to the mental imagery of female domination. It is when action is added to the mental desire for female domination that the FemDom experience becomes a reality.

Once a woman begins to come into her dominance, then the man had better watch out. It is a common tale that has been played out in real life over and over again. The female is a nervous beginner who

basically got involved in FemDom at the request and pleading of her husband. She is timid and unsure of herself and she views her man's desires as strange and unnatural. But something on the inside of her resonates that this is not unnatural but rather the way life should be.

Her dominant nature is touched and she experiences a metamorphosis and her dominant nature becomes unleashed from the servitude and submission of her husband. Then the woman grows to love her power and she begins to desire to take her husband deeper into submission, deeper than he wanted to go. This is a common FemDom experience and when it occurs it is the male that becomes perplexed at how dominant his wife has become. So a man should be careful for what he wishes for because one day he might get it, and then some.

We are all unique individuals with different upbringings and societal outlooks. Not every woman is the same. Unfortunately, some women are inhibited greatly from fulfilling their dominant potential because of being programmed since childhood by a male dominated society. That is why a man must seduce a woman's dominant nature through genuine male servitude. It is always best to show a woman who is not open-minded or who is inhibited sexually, the benefits of FemDom prior to overwhelming her with the male desire for D&S. A man should allow the woman to experience the many benefits of a husband who exists to meet her needs. He should seduce her dominance and stir that Tigress within by first submitting to her in the domestic and social areas before he approaches her about the sexual areas of FemDom.

Doing chores for her, giving her foot and body massages, and being romantic might not be a man's submissive fantasy but by serving the female with a pure heart of devotion, he will be adding action to his desires and those actions will begin to stir that dominant nature within the female. Thus she will become comfortable in the dominant role and she may warm up to the concept of D&S and FemDom in the bedroom. This process may take quite some time depending on the woman's personality and upbringing but it is action that will ultimately produce the FemDom experience.

If the female is an open-minded woman who is uninhibited sexually, the man may be able to approach her more directly about his

submissive nature and his desire to submit to her in the bedroom. But even in these cases, it is still best to show a woman the benefits of FemDom before introducing her to the so-called kinky stuff. A woman's true dominant nature needs to be seduced and drawn out by a man's submission and servitude. Even a so-called kinky female still needs and deserves to have her dominant nature cultivated by a man's submission, otherwise FemDom may only be a game to her and it will never become a lifestyle. A woman may never take the FemDom lifestyle seriously until a man shows her the benefits.

The desire for Female Domination is very strong within the male gender but the FemDom experience will only become a reality when the man puts action to his desires. It can be a gamble for a man to come clean to a woman about his true nature and his true desires. The fear of rejection causes many men to never put feet to their desires. Obviously to play it safe is the most secure lifestyle there is. But it is also the dulllest and least satisfying. Once a woman's dominant nature is unleashed, the female will want the FemDom lifestyle. Nature gave the female gender the desire and the need to dominate the men in their lives but this desire has been suppressed by the patriarchal system. Now that the system is crumbling and losing its hold due to the liberation of women, the female dominant nature is eager and ready to take charge. FemDom will be the lifestyle for the woman of the twenty-first century.

Most submissive men desire to have a loving relationship with a dominant woman. As a matter of fact, they desire to surrender control of their lives over to a woman and this takes an enormous amount of trust. There is an intense bonding between a submissive male and a dominant woman that transcends a traditional or vanilla relationship. A submissive man actually becomes dependent on the dominant woman as he surrenders his ego and his will over to her. The male is tired of being captive to his ego and he wants to surrender to the superior female. FemDom takes much more commitment and trust than a vanilla relationship.

Most women are naturally hesitant at first to try something that is perceived as being "kinky". However, once a woman overcomes her inhibitions she ends up loving the female domination lifestyle and her

sex life enjoys a fresh level of excitement as well as a newly found feeling of liberation and sexual freedom. It is truly astonishing how many women start out real apprehensive and timid but over time become very confident and bold about D&S and Female Domination. Many women have made the claim that they could never go back to their vanilla sex life or how their relationship was prior to discovering the FemDom lifestyle and this expression of their sexuality.

Society is naturally evolving toward female rule and women are being empowered with each passing generation. The nature of man desires for women to dominate him and to rule him with loving female authority. Women are beginning to embrace the dominant role and this is good news for women, men and society.

There is a submissive desire within men that cannot resist a powerful woman. This desire is sexual but it also touches the psyche (soul) and the spiritual sides of man. Men know that women are not their equals, no matter how politically correct our society tries to be. Women are different and mysterious to men. Women are sexual in a way that men do not understand. Women have a power that men do not understand and men cannot resist.

Submitting to a woman means to worship a woman, to adore a woman, to truly love a woman. Submitting to a woman means to serve a woman with a humble heart. A man's fetishes and D&S desires are merely the expressions of his longing for loving female authority. Men need to be disciplined. Men desire to be dominated sexually, mentally and emotionally by the female gender. Women are naturally dominant and can fulfill this need within men if they can overcome societal programming and expectations.

Women should be in charge. One just needs to look at the world around them. One simply needs to look at all the violence, all the chaos, all the pain that men have heaped on society due to their macho ways and restless nature. Any person with an intellect and who understands the characteristics of the two genders will come to the conclusion that women are better equipped to rule. Women are not only better equipped to be in charge of the marriage relationship but

also better equipped to be in charge of business, politics and society as a whole.

The submissive desire within men is coming forth at an accelerated rate and the need for the FemDom experience has never been greater. Women are moving from the desire for equality within the marriage to a desire for dominance. More husbands are being expected to do the household chores and more women are taking charge of the household finances. There is an undeniable societal evolution that is transpiring which is leading to a female dominated society.

Fortunately for men, women are of a different character and nature and they will not use their power to abuse the male gender or children or animals, as the patriarchy society has done. Society is evolving because it must. Change comes for a reason. Men want women to take over and women are coming into their natural dominance. It is a slow process and it will take time but it is an exciting Age for those who practice Female Domination in their private lives. It is amazing to see how society is beginning to catch up to where those who have been practicing FemDom have been for decades.

The male submissive nature craves to be dominated by the female gender. It is an earnest desire and an intense longing. A longing is an appetite which must be fed in order to be satisfied, but that satisfaction is temporary and thus the feeding of that appetite must become a lifestyle in order to maintain fulfillment and satisfaction. Fantasy feeds the cravings of the submissive nature of man but it is not substantial enough to satisfy. In fact, fantasy increases the appetite for domination rather than fulfilling its cravings. It takes the FemDom experience to satisfy the male longing for domination and it takes loving female authority to truly satisfy the male submissive nature.

To crave that which cannot be satisfied is a perverted form of desire, or better known as lust. Passion and desire are healthy but lust can be destructive because it is a never-ending quest, which will never be fulfilled. Lust is a perverted form of desire because Nature implants desire into one's disposition in order to drive that person in a particular direction. Passion is good for it leads to romance, sex and love. The male submissive desire is good because it leads the male to the

realization of his need to be in submission to the female gender and his need to be under the control of loving female authority. No matter how unusual, bizarre or outrageous the manifestation of the male submissive nature, the root of that nature is a desire for loving female authority. Fantasy is a wonderful creation of the human imagination and its expression often reflects the inner desires of man. But fantasy void of reality can change desire over to lust, thus that desire can never be satisfied or fulfilled because man lives in reality. Fantasy can be a wonderful escape from reality but the inner nature of man craves actual fulfillment, which can only occur with experience, which can only exist in reality.

Fantasy can whet the appetite for the FemDom experience and thus be a valuable tool in the development of the submissive nature of man. But the creative expressions of man's desires must at some point and time intersect with reality. The male's needs and desires must be reconciled with the female nature and the female's needs and desires. The craving of the male submissive nature drives the male to the realization of his need to be in submission to the female gender. Fantasy can assist this journey but only an actual experience or better yet, an actual lifestyle of experiences, can bring a reality based mutual fulfillment of both the male desire to be dominated and the female need to be in authority.

The female nature is mysterious to most males because few men ever take the initiative to understand the female nature. Intimacy is about so much more than just sex. Intimacy is learning of another and knowing another on many personal levels. D&S is a sexuality based on true intimacy because it takes knowing the complete person in order to engage in a fulfilling D&S session. The woman who takes the time to explore her man's submissive nature in great detail through D&S practice and experimentation, gets to know her submissive male on deep and intimate levels, psychologically, spiritually and sexually. It takes getting to know a man in order to uncover his psychological triggers, which reveal his innermost nature. Such exploration will uncover those triggers that can transport the male to subspace, a place where barriers are lowered so the male can see the female in all her beauty and glory. Yet, how many men strive to know the female nature? How many men devote themselves to learning how to serve

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